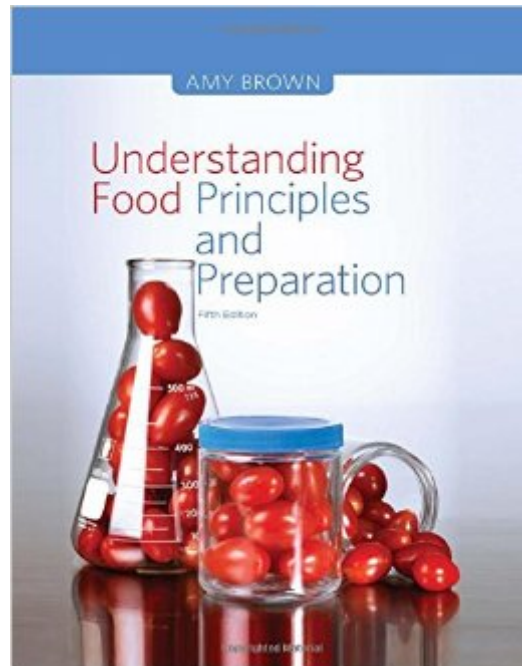


The book was found

Understanding Food: Principles And Preparation



Synopsis

UNDERSTANDING FOOD: PRINCIPLES AND PREPARATION is your introductory guide to learning about foods, food preparation, food service, and food science. Integrating these key topics with relevant information about nutrition and the food industry, the Fifth Edition gives you a thorough overview of the different dimensions of food principles--and insight into the variety of career options available in the food industry. Numerous photographs and illustrations help you understand and apply what you read.

Book Information

Hardcover: 704 pages

Publisher: Cengage Learning; 5 edition (January 1, 2014)

Language: English

ISBN-10: 1133607152

ISBN-13: 978-1133607151

Product Dimensions: 1.2 x 8.8 x 11.2 inches

Shipping Weight: 3.7 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (11 customer reviews)

Best Sellers Rank: #28,376 in Books (See Top 100 in Books) #6 in [Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nutrition](#) #10 in [Books > Medical Books > Nursing > Medical Nutrition](#) #19 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition](#)

Customer Reviews

I have compared this edition side by side with the 4th edition, and the only update my classmates and I found is the addition of "monk fruit" under alternative sweeteners. Otherwise the paragraphs and charts/graphs are verbatim, with some minimal rearranging. As of now, you can rent the older edition for less than half, so save some money and consider an older edition. Overall, the book is nothing exciting. All black and white photographs except for a few pages in the centerfold. The text itself is boring and repetitive, but it was required for my course.

this is a basic food science book, used for a course I'm taking. as a nutrition student I'm not finding it very useful, but if I was really interested in food science I'd probably love it. It's not a book I plan to keep on my shelf.

Book is exactly the same as old edition, do not buy new it's a scam

I rented to back for my Food Science class and it was in perfect condition! I used it often and it had very good information from which I learned a lot!

It shipped fast and I got it in time. Not a scratch or ding in it

Nicely formatted, easy to read and comprehend.

[Download to continue reading...](#)

The Food Service Professional Guide to Controlling Restaurant & Food Service Food Costs (The Food Service Professional Guide to, 6) (The Food Service Professionals Guide To) Understanding Food: Principles and Preparation Understanding Food: Principles and Preparation (Available Titles CourseMate) The Food Service Professional Guide to Controlling Restaurant & Food Service Operating Costs (The Food Service Professional Guide to, 5) (The Food Service Professionals Guide To) Food Politics: How the Food Industry Influences Nutrition, and Health, Revised and Expanded Edition (California Studies in Food and Culture) Food Politics: How the Food Industry Influences Nutrition and Health (California Studies in Food and Culture) More Than Just Food: Food Justice and Community Change (California Studies in Food and Culture) Food Service Menus: Pricing and Managing the Food Service Menu for Maximun Profit (The Food Service Professional Guide to Series 13) The Complete Food Dehydrator Cookbook: How to Dehydrate Your Favorite Foods Using Nesco, Excalibur or Presto Food Dehydrators, Including 101 Recipes. (Food Dehydrator Recipes) (Volume 1) Food Processor Greats: Delicious Food Processor Recipes, The Top 100 Food Processor Recipes Electronic Document Preparation and Management for CSEC Study Guide: Covers latest CSEC Electronic Document Preparation and Management syllabus. ASE Test Preparation - A2 Automatic Transmissions and Transaxles (Ase Test Preparation Series) ASE Test Preparation - A6 Electricity and Electronics (Ase Test Preparation Series) MAT (REA) -- The Best Test Preparation for the Miller Analogy Test: 5th Edition (Miller Analogies Test (MAT) Preparation) CliffsMiller Analogies Test Preparation Guide (Test Preparation Guides) ASE Test Preparation - T1 Gasoline Engines (Ase Test Preparation: Medium-Heavy Truck Certification Series) MAT -- The Best Test Preparation for the Miller Analogies Test (Miller Analogies Test (MAT) Preparation) MAT -- The Best Test Preparation for the Miller Analogies Test: 5th Edition (Miller Analogies Test (MAT) Preparation) PRAXIS PLT Test Grades 7-12 (REA) - Principles of Learning and Teaching Test, The Best Teachers' Test Preparation for PRAXIS PLT (Test Preps) 2nd Edition

California Real Estate Principles and License Preparation

[Dmca](#)